

I CAN BE PART OF THE SOLUTION

- I not only reduce but minimise my waste.
- I reuse products whenever possible.
- I recycle as much as possible.
- I dispose of what is left properly (responsibly).
- I stop throwing litter anywhere except in the appropriate bins. I never throw trash in the street, on the banks of rivers or directly in the sea.
- I avoid "single use" disposable cups, plates and utensils.

- I avoid using plastic bags; I prefer reusable bags instead.
- I buy items with the minimal needed packaging.
- I prefer a single product in large size than many smaller units of the same product.
- When outdoors I carry and store my lunch in non-disposable containers.
- I prefer items made from recycled material.
- I prefer clothes and fabrics made by natural fibers.

- I never release balloons
- I practice water activities, fishing and sports responsibly.
- When planning to take a cruise I explore the most eco-friendly options.
- I respect the work of the street cleaners and public services
- I take part in beach and other clean-ups.
- I unite forces! Effectiveness is multiplied when organized in groups.

I do not forget that with my personal actions and commitment I can make a difference!!!